

Pharmacies open in East Ayrshire over the New Year

With GP practices closing on Friday 1 and Monday 4 January 2021, East Ayrshire residents are being urged to prepare to cope with any common health concerns.

Community pharmacists can answer questions on choosing and using the right medicine and provide easy-to-understand advice on treating everyday ailments such as coughs, colds and seasonal flu. NHS 24 also has a number of pharmacists who are able to answer medicine and pharmacy-related questions over the telephone on 111. In addition, NHS inform has valuable advice on preparing for winter – visit <http://www.nhsinform.scot> and click on ‘Show You Care, Prepare’.

Roisin Kavanagh, Director of Pharmacy, explains: “You can do a number of things to make sure you are prepared to deal with common illnesses for the coming months. Have a sufficient supply of medicines like paracetamol, sore throat and cough remedies, as these will help to relieve the symptoms of common ailments.

“If you take regular medication, you should check your existing supplies and only order what you need to ensure you have enough to see you through the holiday weekend. It is also a good idea to make sure you know when your local GP practice and community pharmacy are closed.”

Your community pharmacist can:

- prescribe medication for you following a consultation, under the NHS Pharmacy First Scotland Service;
- treat many women from age 16 to 65 for urinary tract infections under the Pharmacy First service (where they meet certain criteria);
- treat many patients from two years of age for impetigo under the Pharmacy First service (where they meet certain criteria);
- provide your repeat prescriptions when your GP is not available (under certain circumstances);
- give women advice and supply emergency hormonal contraception;
- dispense prescriptions;
- give advice, support and where appropriate, prescribe nicotine replacement therapy to those giving up smoking;
- hold records of your medicines to ensure that the safety of any future medication is checked;
- provide a private area to discuss sensitive issues; and
- give you advice over the telephone;
- give you advice on the best way to take your medicines

Many pharmacies also offer:

- advice on travel health;
- pregnancy testing;
- collection and delivery of prescriptions;
- supervised methadone supply; and
- needle exchange

Over New Year, when GP practices are closed, you can still get advice from a community pharmacist or NHS 24. Going to the correct healthcare provider means you will be seen quicker and more efficiently. If you need a doctor or dentist and it cannot wait until your GP or dental surgery is open, call NHS 24 on 111.

Thursday 31 December 2020

All pharmacies will be **open** as normal, except those listed below which will close early:

- Wm Morrisons Pharmacy, West Langlands Street, Kilmarnock – open 9am – 5.30pm
- Doon Valley Pharmacy Ltd, 5 Cathcartston, Dalmellington – open 9am – 5.30pm
- Boots Pharmacy, 63 Grange Street, Kilmarnock – open 8:30am – 5:30pm

Friday 1 January 2021

All pharmacies will be **closed**, except:

- Bellfield Pharmacy, 79 Whattriggs Road, Kilmarnock – open 10am – 12pm
- Boots, 62/70 King Street, Kilmarnock – open 12pm – 2pm
- Wm Morrisons Pharmacy, West Langlands Street, Kilmarnock – open 10am – 4pm

Saturday 2 January 2021

All pharmacies will be **closed**, except:

- Lloyds Pharmacy, 178 Main Street, Auchinleck – open 9am – 1pm
- Catrine Pharmacy, 8 Ford Street, Catrine – open 9am – 12.45pm
- Lloyds Pharmacy, 9B Townhead Street, Cumnock – open 9am – 5pm
- R W McConnell, 7 West Main Street, Darvel – open 9am – 12pm
- R W McConnell, 4 Wallace Street, Galston – open 9am – 12pm
- R W McConnell, 27 Mauchline Road, Hurlford – open 9am – 12pm
- Boots, 62/70 King Street, Kilmarnock – open 12pm – 4pm
- Lloyds Pharmacy, 120 Glasgow Road, Kilmarnock – open 9am – 5.30pm
- Wm Morrisons Pharmacy, West Langlands Street, Kilmarnock – open 9am – 6pm
- Lloyds Pharmacy, 16 Central Avenue, Kilmarnock – open 9am – 5pm
- Deans Pharmacy, 53 MacPhail Drive, Kilmarnock – open 9am – 5pm
- Bellfield Pharmacy, 79 Whattriggs Road, Kilmarnock – open 9am – 1pm
- Kilmaurs Village Pharmacy, 5 Main Street, Kilmaurs – open 9am – 1pm
- Well Pharmacy, 1/5 Loudoun Street, Mauchline – open 9am – 1pm
- Lloyds Pharmacy, 24 The Castle, New Cumnock – open 9am – 1pm
- R W McConnell, 30 Main Street, Newmilns - open 9am – 12pm

Sunday 3 January 2021

All pharmacies will be **closed**, except:

- Boots, 62/70 King Street, Kilmarnock – open 12pm – 4pm
- Wm Morrisons Pharmacy, West Langlands Street, Kilmarnock – open 9am – 6pm

Monday 4 January 2021

All pharmacies will be **closed**, except:

- Drongan Pharmacy, 64 Mill O'Shield Road, Drongan – open 9am – 5.30pm
- Boots, 62/70 King Street, Kilmarnock – open 10am – 5pm
- Boots, 5 Burns Precinct, Kilmarnock – open 9am – 5.30pm
- Boots, 63 Grange Street, Kilmarnock – open 9am – 6pm
- Boots, 9 Portland Street, Kilmarnock – open 9am – 5.30pm
- Boots, 9/11 St Marnock Street, Kilmarnock – open 9am – 6.00pm
- Wm Morrisons Pharmacy, West Langlands Street, Kilmarnock – open 10am – 4pm
- Bellfield Pharmacy, 79 Whatriggs Road, Kilmarnock – open 9am – 6pm
- M Farren Ltd, 45 Main Street, Muirkirk – open 9am – 1pm and 2pm – 5pm
- Boots, 1 Doonside Avenue, Patna – open 9am – 6pm
- Boots, 9 Main Street, Stewarton – open 9am – 6pm

Background

The symptoms of Coronavirus (COVID-19) are: new persistent cough; high temperature; and / or loss of taste and smell. Anyone who develops any of these symptoms should book a test and self-isolate immediately.

Everyone in Ayrshire and Arran is reminded to remember the FACTS guidance:

F – Face coverings. These should be used in shops and on public transport (buses, trains and taxis)

A – Avoid crowded places.

C – Clean your hands frequently, using water & soap whenever possible.

T – Two metres – observe physical distancing.

S – Self-isolate and book a test if you are suffering from COVID-19 symptoms.

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